



# *Konnect*

You Scared?  
WEEK 1

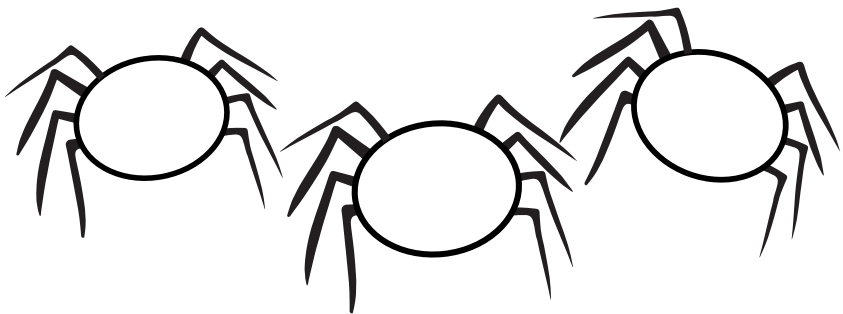
## Week 1: Stop Worrying

Worry is the fear that something bad will happen, even when everything's okay. Trust God by telling Him what you're worried about. He cares about you, and He's in control.

10,000  
POINTS

### Complete this activity with your family!

Smash worries with God's truth! Write a worry on each spider. Say the point, and stomp on them with your feet.



5,000  
POINTS

### Say this week's point from memory!

I trust God instead of worrying.

10,000  
POINTS

### Say this week's Bible verse from memory!

**1 Peter 5:7 NLT** Give all your worries and cares to God, for he cares about you.



### Complete this Bible Plan with your family!

**Kids Can Fight Fear**

[www.go2.ic/KonnectBiblePlans](http://www.go2.ic/KonnectBiblePlans)

Complete this Challenge Card with a parent and ask them to sign below. Bring it to the Konnect Window to get your points!

Name: \_\_\_\_\_ Keytag #: \_\_\_\_\_

Parent Signature: \_\_\_\_\_